



Michael Jeanfavre PT, DPT, FAAOMPT, SCS, OCS, CSCS

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PROFESSIONAL EDUCATION

2018—2019 (Post-graduate) [Kaiser Permanente Orthopedic and Sports Rehabilitation Fellowship](#) – Los Angeles, CA
2016—2017 (Post-graduate) [Stanford Healthcare Orthopedic Clinical Residency](#) – Redwood City, CA
2013—2016 [Duke University](#) – Durham, NC – School of Medicine – Doctor of Physical Therapy – May 2016
2009—2012 [University of Connecticut](#) – Storrs, CT
- College of Liberal Art - B.S. Biological Science - 2012 - NEAG School of Education— B.S. Exercise Science - 2012

ACADEMIC AWARDS AND ACHIEVEMENTS

University of Connecticut

2009 – 2012 - Dean's List
2012 - New England Scholar
2012 - [Golden Key Honour Society](#)

Duke University

2013 - Helen Kaiser Scholarship
2013 - Class of 2016 Medicine School Representative

ACTIVE PROFESSIONAL LICENSE

2021 – Present **Massachusetts Physical Therapy License (# 25548)** – State of Massachusetts Board of Allied Health Professions
2016 – Present **California Physical Therapy License (# 292174)** – State of California Physical Therapy Board of California

PROFESSIONAL CERTIFICATION

2023 – Present [McGill Method Practitioner](#) – BackFitPro Course Series Completion by Stuart McGill
2023 – Present [ELDOA Level 1 & 2](#) – Course Completion – ELDOA USA, Seal Beach, CA
2022 – Present [Internal Strength Model Practitioner](#) – Certified – Functional Range Systems
2021 – Present [Sports Certified Specialist \(SCS\)](#) – Board Certified – American Board of Physical Therapy Specialist
2021 – Present [Functional Range Assessment](#) and [Functional Range Conditioning](#) – Certified – Functional Range Systems
2019 – Present [Movement Links](#) – Certified – Movement Links Inc.
2018 – Present [Orthopedic Certified Specialist \(OCS\)](#) – Board Certified – American Board of Physical Therapy Specialist
2018 – Present [Blood Flow Restriction](#) – Certified – [Owens Recovery Systems](#) & [Smarttools Inc.](#)
2017 – Present [Selective Functional Movement Assessment \(SFMA\) Level 1 & 2](#) – Certified – Functional Movement Systems
2017 – Present [SMT-1 – 3: HVLA Thrust Manipulation of the Cervical, Thoracic, Lumbar & SI Joints](#) – American Academy of Manipulative Therapy
2016 – Present [FMS Level 1](#) – Certified – Functional Movement Systems
2015 – Present [Emergency Medical Responder](#) – August 28, 2021 via ASPT approved Cogent Step course
2015 – Present [Y Balance Test](#) – Certified – Functional Movement Systems
2015 – Present **CPR/AED for Professional Rescuers and Health Care Providers** – American Heart Association
2015 – Present **Administering Emergency Oxygen** – American Red Cross
2015 – Present **Asthma Inhaler and Anaphylaxis/Epinephrine Auto-Injector** – American Red Cross
2014 – Present [Certified Strength and Conditioning Specialist](#) – National Strength and Conditioning Association

PROFESSIONAL MEMBERSHIPS

2013 – Present **American Physical Therapy Association (APTA)** – Professional Membership
2016 – Present **APTA Orthopedic, Sport, and Research Sections** – Professional Membership
2014 – Present **Connecticut Physical Therapy Association** – Professional Membership
2014 – Present **California Physical Therapy Association** – Professional Membership
2014 – Present **National Strength and Conditioning Association** – Professional Membership

DIDACTIC AND EDUCATIONAL ACTIVITIES

2020 – 2023 **Education Coordination Council** – Member and Research Sub-Committee Co-Chair – Stanford Health Care – Redwood City, CA
✦ Committee Mission: To ensure the continued education needs assessment and enhancement for the staff by (1) promoting professional development and research-based evidence that supports best practice patient care; (2) training interns and residents; (3) providing educational opportunities for the rehabilitation community.
2019 – Present **Orthopedic Residency Faculty** – [Stanford Health Care APTA Accredited Clinical Residency](#) – Redwood City, CA
✦ Lecture topics: Return to Sport for the Lower Extremity, Rehabilitation for the Injured Runner, Lumbar Spine Evaluation, Spinal and Peripheral Joint High Velocity Low Amplitude Techniques
2020, 2021 **Guest Lecturer** – [Chapman University Doctor of Physical Therapy](#) – Orange, CA
✦ Topic: [Blood Flow Restriction Training](#)
2020, 2021 **Assistant Professor**, [Azusa Pacific University Doctor of Physical Therapy](#) – Azusa, CA
✦ Course: Capstone I – DPT Second Year
2018 **CEU Course Co-Instructor** – [Rehabilitation of Lower Extremity Striking Injuries in Combat Athletes](#) – Los Angeles, CA

PROFESSIONAL RESEARCH INITIATIVES

2024 **Presenter** – **APTA CSM 2024** – Stop the Guessing Game: Implementing a Criterion and Evidence Based Functional Performance Testing Algorithm Function in Foot and Ankle Injuries – Boston, MA
2023 Dizon P, Jeanfavre M, Leff G, Norton R. [Comparison of Conservative Interventions for Proximal Hamstring Tendinopathy: A Systematic Review and Recommendations for Rehabilitation](#). Sports. 2023; 11(3):53. <https://doi.org/10.3390/sports11030053>
2023 **Presenter** – **APTA CSM 2023** – [Achieving the Bulletproof Shoulder Through Mechanical Transduction](#) – San Diego, CA
2021 Jeanfavre et al. [Knee Extension Rate of Torque Development Deficit is not Captured by Standard Functional Performance Measures Post-Anterior Cruciate Ligament Reconstruction](#). CPQ Orthopaedics (2021) 5:4
2021 Jeanfavre et al. [A Systematic Review of Return to Sport Physical Performance Tests of the Foot and Ankle](#). CPQ Orthopaedics (2021) 5:3.
2018 Jeanfavre et al. [Exercise Therapy in the Non-operative Treatment of Full-Thickness Rotator Cuff Tears: A Systematic Review](#). IJSPT.13.3 (2018)
2021 **Poster** – **APTA CSM 2021** – [A Proposed Evidence-Based Blood Flow Restriction Screening and Application Algorithm](#) – Virtual
2021 **Poster** – **APTA CSM 2021** – [A Systematic Review of Return to Sport Performance Tests of the Foot and Ankle](#) – Virtual

- 2020 **Poster - APTA CSM 2020** – [Is quadriceps rate of force development or quadriceps index a greater predictor of function post-ACL-R?](#) – Las Vegas, NV
- 2019 **Poster - ASPT Annual Conference** – [Is quadriceps rate of force development or quadriceps index a greater predictor of function post-ACL-R?](#) – Las Vegas, NV
- 2018 **Poster - APTA CSM 2018** – [The Effectiveness of Exercise Therapy in the Treatment of Full-Thickness Rotator Cuff Tears](#) – New Orleans, LA
- 2017 **Platform Presentation NCPTA Annual Conference** – [The Effectiveness of Exercise Therapy in the Treatment of Full-Thickness Rotator Cuff Tears](#) – Winston-Salem, NC (submitted for publication: IJSPT Sep '17)
- 2016 **Poster - APTA CSM 2016** – *Current Concussion Interventions* – Anaheim, CA (submitted for publication: Dec '15)
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- 2016 – Present **Physical Therapist III - [Stanford Health Care Orthopedic & Sports Medicine Outpatient Clinic](#)** – Redwood City, CA
- ✦ Full-time Orthopedic and Sports Clinical Specialist and APTA Accredited Clinical Residency Faculty & Mentor
 - ✦ Treated a wide variety of functional levels from college athletes to geriatric degenerative conditions; utilizing biodex, alter G, RX suspension, Vertimax jump trainer, and motion analysis system to provide innovative and high-quality care
- 2018 – 2019 **Sports Physical Therapist | Strength & Conditioning Trainer - [MOTI Physiotherapy](#)** – Los Angeles, CA
- ✦ Staff Physical Therapist in an orthopedic and sports rehabilitation private practice – Part Time
 - ✦ Implemented a video analysis running evaluation with algorithmic impairment testing
- 2018 – 2019 **Sports Clinical Specialist Fellow - [Kaiser Permanente Los Angeles Medical Center](#)** – Los Angeles, CA
- ✦ Physical Therapist and Outpatient Orthopedic Physical Therapy Fellow
 - ✦ Treated >40% sports/athletic based injuries from H.S. to College level athletics
- 2016 **Physical Therapist - [The Hills Physical Therapy and Sports Medicine](#) – Outpatient Physical Therapy** – Litchfield, CT
- ✦ Duration: 1 month, Part Time (Temporary Position - July 2016 – August 2016)
 - ✦ Provided direct patient care to an orthopedic predominant case load and local young athletic population, while being a part of a team of highly trained physical therapists committed to providing excellence in every facet of care.
- 2016 **Strength & Conditioning Specialist - [The Litchfield Athletic Club](#)** – Litchfield, CT
- ✦ Full time Strength Coach and personal training – working 1:1 clients

FITNESS RELATED EMPLOYMENT

- 2017-2018 **[Equinox – Tier III Personal Trainer](#)** – Hollywood, CA
- ✦ Trained clients in resistance, aerobic, anaerobic, and interval-based exercise to meet their physical fitness & health goals
- 2014-2015 **[Personal Trainer – Duke University Wilson Recreation](#)** – Durham, NC
- ✦ Trained clients in resistance, aerobic, anaerobic, and interval-based exercise to meet their physical fitness and health

CLINICAL VOLUNTEER EVENTS & EXPERIENCES

- 2014 **“Elvis 7s” Annual Rugby Tournament** – Millington, TN
- ✦ Provided on-field coverage under the supervision of ATC PTs, triaging acute fractures, ligaments tears, and muscle strains
- 2015 **High School Football Physical Fitness Screening using Functional Movement Screen** – Durham, NC
- ✦ Conducted movement screening of high school athletes as part of pre participation medical screening
- 2015 **VALOR Games Southeast** – Durham, NC
- ✦ Assisted with adaptive powerlifting and archery tournament for Veterans with visual, cognitive, and physical disabilities.
- 2014 **Special Olympics FunFitness** – Raleigh, NC
- ✦ Administered baseline strength and muscular endurance standardized test to participating teams and athletes

COMMUNITY INTEGRATION INITIATIVES

- 2015 **Community Re-integration Project – Duke North Hospital Medical Center** – Durham, NC
- ✦ Arranged and created information and resource brochure for Inpatient Cardiac Patients as to local support groups, healthy diet, grocery shopping, and behavior modifications to assist them in living a “Health Heart Lifestyle”
- 2015 **Health Promotion Project – [ACL EBP Prevention Programs for Female Soccer Athletes](#)** – Memphis, TN
- ✦ Created and distributed an online presentation to assist coaches in implementing evidence-based ACL prevention protocols into their team’s training and practices

ADDITIONAL RESEARCH ACTIVITIES

- 2016 **Capstone Manuscript – Systematic Scoping Review** – Duke University
- ✦ Title: *Interventions for Concussion: An Evaluation of the Evidence*
 - ✦ Presentations: 2016 Combined Sections Meeting Poster Presentation – Anaheim, CA
 - ✦ Authors: Braun, L., Frimenko, H., Husted, S., **Jeanfavre, M.**, Tier, J., Ledbetter, L., Goode, A., Reiman, M., Clendaniel, R.
- 2014 **ACL Reconstruction and physical performance in Female Athletes** – Duke University
- ✦ Responsibilities: Initial literature review of current evidence for Global Positioning Systems in field-based sports and Physical Performance Measures currently used in the literature as means of constructing a performance battery.
- 2011-2012 **Dietician Laboratory Assistant for Low Carbohydrate Diet Research** – University of Connecticut
- ✦ Assisted with laboratory meal preparation and data collection study subjects’
 - ✦ Related Publication: Volk, Brittanie M., et al. [“Effects of step-wise increases in dietary carbohydrate on circulating saturated fatty acids and palmitoleic acid in adults with metabolic syndrome.”](#) (2014): e113605.
- 2011-2012 **Independent Study – Data Collection for Hydration and NA⁺ Balance in Endurance Runners** – University of Connecticut
- ✦ Assisted in laboratory measurements of subjects’ metabolic rate at rest and during treadmill running
 - Related Publication: Pryor JL, Johnson EC, et al. [Hydration status and sodium balance of endurance runners consuming postexercise supplements of varying nutrient content.](#) *International journal of sport nutrition and exercise metabolism.* 2015 Oct 1;25(5):471-9.

CAREER ASPIRATIONS AND GOALS

1. Within 7 years of licensure(2023), I will enhance and positively contribute to a sports medicine team as a Sports Physical Therapist in a value-based, nationally recognized medical &/or academic institution. – **Progressing, Jun 2023**
2. Within 10 years of licensure (2026), I will maintain, and continue to progress, a high level of clinical competency and experience in specialty practice by successfully recertifying as an Orthopedic (OCS) and Sport Certified Specialist (SCS) through the APTA. – **Progressing, Oct 2022**
3. Within 10 years of licensure (2026), I will facilitate the ongoing advancement of the profession through the translational of research and 'practice-based evidence' through annually presenting at regional, state, and/or national conferences. – **Progressing, Feb 2023**
4. Through 15 years of licensure (2031), I continually seek to stimulate and engage in interprofessional/rehab team(s) to promote innovation and enhanced patient outcomes/experience through (institutional and community) quality improvement initiatives. – **Maintaining & Progressing, Oct 2022**